

Making it smooth for travellers

Sit back, rest and relax

- 200 extra hours of movies and other in-flight entertainment choices on top of the more than 1,000 hours currently.
- Two pillows, instead of one, for business class travellers.
- Premium economy travellers get new eye shades that are more plush and comfortable, plus a facial mist in the lavatories.
- New cabin lighting with play of red, orange and yellow tones to induce sleep, and white and blue lights to get everyone up.

Newly designed premium economy seats



Eat and drink

- New menu with healthier and lighter meal options, with specially-picked ingredients to minimise gas and indigestion.
- More choices of cooling, refreshing and thirst-quenching drinks for hydration. This could include coconut juice, for example.
- A wide range of snacks.
- Travellers will get three meals and snacks in between.

*Not actual menu



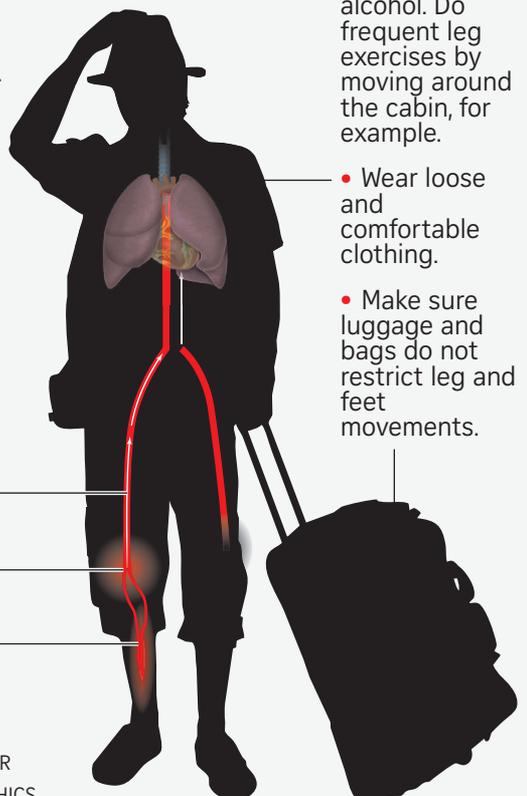
It's a long flight, so remember...

- Sitting for too long can cause a pooling of blood in the legs which in turn can lead to DVT or deep vein thrombosis. In some cases, the clot may break off and become lodged in the lungs, causing chest pain and shortness of breath.

Blood clot makes its way to the heart and lungs

Blood clot

Leg swelling right below the clot



PHOTOS: AIRBUS, SIA
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