

Ageing in Singapore

An ongoing local study is looking at factors influencing the health, well-being, activity and productivity levels in older Singaporeans.



The Transitions in Health, Employment, Social Engagement and Intergenerational Transfers in Singapore Study surveyed 4,549 Singaporeans and permanent residents aged 60 and above. Here are some findings:

| | 2009 | 2017 |
|---|------|------|
| | % | % |
| Three or more chronic health conditions: | 20 | 37 |
| High blood pressure | 74 | 72 |
| Diabetes | 22 | 25 |
| Cataract | 19 | 31 |
| Joint pain, arthritis, rheumatism or nerve pain | 31 | 29 |
| Obesity | 8 | 9 |
| Difficulty with three or more activities of daily living | 3.5 | 5 |
| Feeling somewhat or mostly lonely | 51 | 34 |
| Depressive symptoms | 15 | 12 |